



## Essex County Sheriff's Department Frank G. Cousins, Jr., Sheriff

NEWSLETTER - JANUARY 2015



### A Message from the Sheriff,

As we reflect on the past seasons and holidays, let me extend my best wishes for a safe and wonderful New Year to all **ECSD** employees, their families, all law enforcement professionals and all residents of Essex County. I am encouraged by and confident in each **ECSD** employee in his/her effort in being proactive, productive and a valuable asset to the **ECSD**. We at the **ECSD** look forward to continuing training for our employees, providing programs for inmates and serving the people of Essex County.

The new **Regional Support Services Building**, completed in the spring of 2014, was designed with the safety considerations of officers and inmates. This new facility was designed to include intake areas for both male and female inmates. The Middleton facility began the intake of female offenders on September 15. The building was dedicated to **Robert 'Bongo' Marshall** in appreciation of his loyal and dedicated service to the Essex County Sheriff's Department.



With the completion of the new Regional Support Services Building, the development of the land for new parking began in early fall. The additional spaces will allow employees and visitors the much needed space and was completed in December. Many thanks to all staff for their patience and cooperation during this project. Repairs and replacement of the roof and HVAC on several buildings has begun. Once completed, the buildings will be more energy efficient.

I am pleased to announce that the **ECSD** was one of three, in the country, awarded a grant for **"BJA FY 14 Second Chance Act Reentry Program for Adult Offenders with Co-Occurring Substance Abuse and Mental Health Disorders: Units or components of state government agencies serving adult offenders."** The total amount of the grant is \$1,744,534.00 to which **ECSD** will receive \$600,000.00. Iowa Department of Corrections and Louisiana DPS&C are recipients of the remainder. Thank you to all who made this grant possible. (Article, page 4)

Again this year, the Essex County Sheriff's Department and thanks to a grant from HIDTA **"High Intensity Drug Trafficking Areas,"** the **Youth Leadership Academy** was held from June 30 through August 22. Congratulations and many thanks to the staff members who have organized and facilitated the program. It is through their hard work and effort that this program continues to be successful every year. (Article, page 7)



The fall session of the **Special Outreach Academy**, geared to developmentally disabled adults, was held October 21 through November 18. The program accommodated 25 individuals along with staff from the participating agencies. This academy will continue and is open to all resource departments in Essex County for adults with disabilities. Congratulations and thank you to all who

facilitated the program. (Article, page 3)



In October, **Sgt. Donald Evans** with partner **K-9 Blitz** and **Sgt. Steve Tsoukalas** with partner **K-9 Dozer** competed in the **USPCA** police dog nationals in North Carolina and certified nationally. **Evans with K-9 Blitz** finished 17<sup>th</sup> over all in the nation. Out of 16 teams, **Tsoukalas with K-9 Dozer**, **Evans with K-9 Blitz** and two other K-9 members from **Hamden County Sheriff's Department and Enfield Police K-9 from Connecticut**, as a regional team, finished in 4th place nationally. All received trophies for their achievements. Congratulations to all.



I am pleased to announce that the **ECSD** will welcome the new **BTA Academy Class 15-01** on January 9. These new recruits will be highly trained in the basics of academy life, intense academics and to qualify in **ECSD** policies and procedures. Graduation will be held March 16. We look forward to all recruits making the commitment to becoming professional correctional officers. Drill staff includes, Commandant Mike McAuliffe, Deputy Allisson Hernandez, Sgt. Laura Dow and Officer Steven Boucher. **BTA Academy Class 15-02** will

begin March 2.

With a commitment to maintaining positive, effective and valuable working relationships, we continue to provide exceptional care and custody for all inmates. We are also committed in the assurance and the attention in providing security to the citizens of Essex County. I wish to thank all **ECSD employees** for all their hard work and efforts. To the people of Essex County, we at the **ECSD** continue and look forward to serving you.

## ECSD HOSTS 2014 USPCA PD-2 DOG TRACKING CERTIFICATION

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On September 13, Sgt. Donald Evans, Sgt. Steve Tsoukalas and the Essex County Sheriff's Department hosted the 2014 USPCA PD-2 police Dog Tracking Certification in Danvers. Twelve teams from ECSD and from surrounding cities and towns along with Massachusetts State Police took part. All received national certification in tracking. Photo far left, left to right: Sgt. John Zaccari with K-9 Tyson, Lt. John Pickles with K-9 Ivan, Sgt. Donald Evans with K-9 Blitz, Sgt. Scott Sousa with K-9 Patton, Sgt. Joseph Riley with K-9 Bodden, Officer Leonardo Jorge with K-9 Gunner. Center photo: Sgt. Scott Sousa with K-9 Patton and Sgt. Joseph Riley with K-9 Bodden. Photo far right: Sgt. Donald Evean with K-9 Blitz.



## STATE POLICE BARRACKS FACELIFT



Thanks to the Essex County Sheriff's Department 'ECSD', the State Police barracks in Newbury was afforded much needed renovations and repairs. In February, "**Operation Facelift**" began under the leadership of state police **Sgt. Bruce O'Rourke** and ECSD Assistant Superintendent **Frank Garrison**. Inmates from 'ECPRC' the Essex County Pre-Release and Re-Entry Center in Lawrence, also known as '**The Farm**' spent three months making the necessary renovations and repairs. Initially, the project began as just a new paint job. Barracks Commander, **Lt. Paul Zipper** stated that last year the lobby had been transformed into a place of reverence due to the efforts of Georgetown Eagle Scout, **Ben Noelk**, who built an American flag retirement box. Somehow the surroundings did not measure up to the new addition in the lobby. As the repairs continued, the job turned into a renovation. Materials came from various sources such as scrap wood from the **Massachusetts Department of Transportation**. With the **MassDOT's** facility neighboring the barracks, **O'Rourke** reached out to the facility's **Larry Glazebrook**, borrowing ladders, staging, rakes, shovels and other necessary tools needed to complete the job. Also assisting in this project were the ECPRC's Superintendent **Joseph Furnari** and Assistant Superintendent **Scott Scharffenberg**. The inmates came to this project with years of experience and skilled in roofing, carpentry and painting. This project became a collaborative effort with food donated by Salisbury restaurants and businesses.

According to ECSD spokesman, **Maurice Pratt**, "*this renovation project is a wonderful opportunity for inmates to give back to the community and build much needed self-worth. It is the sense of feeling productive and interacting with people outside 'The Farm'. We want these folks to be better prepared to go out in society.*" **Lt. Zipper** stated utilizing the inmates at ECPRC saved the taxpayers thousands of dollars in estimated repairs.



## "ALS" ICE BUCKET CHALLENGE

In an effort to encourage donations to research, the **Ice Bucket Challenge**, sometimes called the **ALS Ice Bucket Challenge**, is an activity involving dumping a bucket of ice water on someone's head to promote awareness of the disease **amyotrophic lateral sclerosis 'ALS'**. The challenge went viral on social media during July and August 2014.

The challenge encourages nominated participants to be filmed having a bucket of ice water poured on their heads and then nominating others to do the same. A common stipulation is that nominated participants have 24 hours to comply or forfeit by way of a charitable financial donation. **ECSD Chief of Staff Barbara Maher** publicly challenged **Sheriff Frank G. Cousins, Jr.** prior to her completing her challenge.

**Sheriff Cousins** completed his challenge on August 8 during a cookout at the **ECSD's Youth Leadership Academy**. Prior to the Sheriff's "icy dousing," he, in turn, challenged **Essex County DA Jonathan Blodgett**, Newburyport **Mayor Donna Holaday** and **Charlie Cullen** from Amesbury. Many children, parents, staff and members of '**HIDTA**' witnessed the Sheriff's "icy dousing" all in fun and for a good cause. For information or to donate, please visit: [www.alsa.org/fight-als/ice-bucket-challenge](http://www.alsa.org/fight-als/ice-bucket-challenge) or Donation Inquiries: [donations@alsa-national.org](mailto:donations@alsa-national.org).





**Essex County**  
**Sheriff Frank G. Cousins, Jr.**  
**Named**  
**Public Servant of the Year**  
 A.S. Maurice Pratt – Dr. Steve Valle  
 Russell Pergament

**Grace House**, an Oxford House residence for *'justice involved'* men in recovery, located in Lynn, has received national recognition for its proven success in helping its residents reconnect with their families and resume productive lives. In August, the **White House's Acting Director of National Drug Control Policy, Michael Botticelli**, visited Grace House to personally commend the residents.

In existence for twenty years, **Grace House** is a peer run home that requires each resident to remain sober, employed, be connected with mutual help support meetings, and help others. **Grace House** receives no governmental funding of any kind. Expenses are offset by fundraisers that aid the residents in maintaining the house.

The **Essex County Sheriff's Department** has pioneered a unique *Mentoring Project* in which released inmates are referred to **Grace House** residence where the home's unique peer-to-peer support methods help them succeed, one day at a time, in facing life on life's terms after incarceration. *CONstructive Beginnings* is the Commonwealth's first peer

support network for released inmates operating in Lynn and Lawrence. This effort is in collaboration with the ECSD, AdCare Criminal Justice Services, and Grace House Institute.

**Dr. Steve Valle**, Grace House's founder, presented the **Public Servant Award to Essex County Sheriff Cousins** and stated, *"So much of what our residents have been able to accomplish is directly connected to Sheriff Cousins' long-time commitment to helping justice-involved individuals return to the community and become productive citizens. Sheriff Cousins has a philosophy that says Reintegration begins day one."* **Dr. Valle** concluded by saying, *"This preparation is definitely working for the benefit of the residents, the taxpayer and the entire community, we see it in action every day."* Clearly surprised, **Sheriff Cousins** (pictured with Jim Lander) stated that, *"Grace House is socially good at reintegrating these men into productive roles."*



**Dr. Valle** also expressed his gratitude to **Eastern Bank's President Bob Rivers** and his entire organization for having provided tremendous support to these men who fight the battle of overcoming addiction." Dr. Valle commended the bank's *"high ethical business standards"* and its commitment to Lynn.



## SPECIAL OUTREACH ACADEMY FALL SESSION 2014

The Fall Session of the **Special Outreach Academy**, geared to developmentally disabled adults, was held October 21 through November 18. The program accommodated 25 individuals along with staff from the participating agencies. Agencies that were represented during the fall session included: **Class Inc. and American Training both from Lawrence, Bridgewell from Lynnfield, Opportunity Works from Newburyport and Haverhill, Coastal Connections from Amesbury, Shore Educational Collaborative from Peabody** and new this session, **Cooperative for Human Services from Malden**.



Many thanks to all staff who facilitated the program. Over 100 people attended the graduation at the National Guard Armory in Danvers, where all 25 participants received certificates and were sworn in as Honorary Deputies by Special Sheriff Richard Roaf. This academy is open to all resource departments in Essex County for adults with disabilities and has made a positive impact in all of us who facilitate this program. For information please contact Judy Lacroix at [jlacroix@eccf.com](mailto:jlacroix@eccf.com).

## 2014 MAFMA Member of the Year Award Division of DCAMM

**MAFMA** (Massachusetts Facilities Management Association) is a network of state facilities managers that meets periodically to discuss specific topics of interest with the aim toward information sharing and problem solving. Congratulations to **A.S. Dana Margolis** for being one of five nominated to receive the **2014 MAFMA Member of the Year Award** at the Semi Annual Meeting, October 29 at Middlesex Community College Student Center in Bedford. This award recognized outstanding performance and special achievements of **MAFMA** members. As a member and nominee, **A.S. Margolis** was recognized for his ability to do his best for the Commonwealth of Massachusetts. Sheriff Cousins described **A.S. Margolis** as *"an essential and valuable"* employee of **ECSD**. In all his humility, **Dana** was honored for being named, and sees this nomination as a validity of his commitment to **ECSD**. Although **Dana** did not win the award, we at **ECSD**, are very proud of his achievement.





## SECOND CHANCE PROGRAM

A COLLABORATIVE EFFORT  
OF ESSEX COUNTY  
SHERIFF'S DEPARTMENT,  
A.S. LEAH HARRINGTON,  
ADCARE, VOLUNTEERS OF AMERICA  
AND UMASS LOWELL



Recently, the ECSD was one of three, in the county, awarded a grant for "BJA FY 14 Second Chance Act Reentry Program for Adult Offenders with Co-Occurring Substance Abuse and mental Health Disorders: Units or components of state government agencies serving adult offenders." The total amount of the grant is \$1,744,534.00 to which ECSD will receive \$600,000.00. Iowa Department of Corrections and Louisiana DPS&C are recipients of the remainder.

**Target Population:** This program will target 88 male inmates who, over the next two years, will fail the Essex County Sheriff's Department (ECSD) highly successful prison-based TRAC Program (*Treatment and Recovery from Addictions in Corrections*) due to behavior attributable to currently untreated Co-Occurring Disorders (COD). They are those who are substance abusers with sentences longer than six months and who are at high-risk for both disciplinary actions and recidivism as evidenced with extensive criminal records, weak or non-existent family support systems, sporadic work experience, incomes gained primarily illegally, less than a high school education, and unstable housing. At least one-third of those qualifying for TRAC also present with a diagnosed mental illness, which designates them as having a COD. Inmates with COD area growing segment of the ECSD corrections population – of 1,617 total inmates, 191 are diagnosed with CODs. ECSD supports public safety for 750,000 citizens in the County's

34 cities in Boston Metro and manages two of the state's largest correctional institutions (2,000 inmates).

**Baseline Recidivism:** 45.3% for Massachusetts Corrections population (MDOC 2011).

**Program Description:** Since 1996, the successful TRAC is the logical program into which a COD-focused track can be integrated both smoothly and with cost efficiency. In partnership with Volunteers of America MA (VOAMA), the program will: 1) Acquire new assessment tools to improve identification, risks and needs of incoming inmates with COD issues; 2) provide specialized COD treatment (pre- and post-release); rapidly respond to COD-driven behavior with clinical intervention; upgrade and increase case management; and 3) create a robust after-care program offering continued treatment supported by social services including housing, medical care, basic benefits, mental health/substance abuse treatment, employment training, education, and transportation.

**Assessment Instruments:** A major component this proposal is the acquisition of new, actuarial based assessment tools designed to enhance assessment of coexisting disorders, to be used in conjunction with standard assessment tools already in place.

**Collaborative Partnerships:** ECSD will partner with VOAMA which already provides all components of a broad-based community after-care program. Any service gaps will be filled by one of many other resources with which VOAMA has forged links. VOAMA has long provided mental health/substance abuse treatment and other services to diverse underserved populations.

This project is a true collaborative effort on the COD front between VOA, AdCare the ECSD and partnering with the UMASS Lowell to provide the evaluation and research component. Please let me know if you have any questions.



## COMMENDATION

On November 17, the entire **Tactical Team of the Essex County Sheriff's Department** was awarded the "**Secretary's Commendation**" for exceptional contribution to public safety. The team was commended for their outstanding efforts, their exemplary level of professionalism and devotion to duty surrounding the tragic events of the 117<sup>th</sup> Boston Marathon by Massachusetts' Secretary of Public Safety, Andrea Cabral.



**Deputy David Earle**, pictured with **Secretary Cabral** and **Sheriff Cousins**, played a large role in the investigation of the bombing case and recently testified at a trial where a conviction was obtained. Deputies **Ric Smith**, **Kerri Rowe**, **William Castro** and the entire **Tactical Team** were involved in multiple phases including the house to house search in Watertown. They also provided hospital security for the victims and the alleged bomber himself.

## AS SEEN ON FACEBOOK

Word has it from Haverhill resident JB's Facebook... "*Can't tell you how good I feel right now. Was at the store (Market Basket) on Water Street in Haverhill and there was an elderly lady and an Essex County Sheriff's Department officer in front of me in line. The officer stepped up to pay for the elderly lady's groceries and she was shocked and so grateful.*"

How refreshing and wonderful, especially at this time of giving, to know that **one of our own, here at ECSD**, has touched the life of someone in such a generous way. By your actions, you have represented the **ECSD** in a most **valuable and positive manner**. A true act of kindness is done without recognition or accolades. Kudos and many thanks to this unidentified officer.



# Quakers Return to Correctional Roots

A.S. Jason Faro - Director of Programs



In August, the Essex County Sheriff's Department offered a three day seminar to inmates within the Middleton facility. The Seminar was facilitated by the **Amesbury Friends**. The Amesbury Friends are **Quakers** who have a history of local activity and community involvement dating back to the turn of the 18<sup>th</sup> century.

Interestingly, **Quaker** influence has strong ties to the development of corrections and existing correctional policy and universally applied practice. As a result of Quaker influence in the early development of an American system of corrections we witness its legacy in our daily departmental activities. Quakers were the first to conceive correctional concepts involving prisoner classifications, offender reentry, as well as corrections as a paid vocation to name a few.

This past month inmates were given the opportunity to participate in the **Alternatives to Violence Project 'APV'** which owes its manifestation out of the Attica Prison riots of

1971 when in its aftermath the Quakers were asked to develop a prison program to assist in the stabilization of the institution. Today, this program operates both domestically and internationally. For three days in August, Essex County inmates participated in the **AVP**. Participants were required to attend each day for 8 hours of **AVP** curriculum that required purposeful dialogue, personal presentations and facilitator/student interactions centered on the following topics:

- Understand why conflict happens
- Manage strong feelings such as anger and fear
- Deal more effectively with risk and danger
- Build good relationships with other people
- Communicate well in difficult situations
- Be true to yourself while respecting other people
- Recognize the skills you already have and learn new ones

It is the desire of the **Programs Department** to continue volunteerism, community involvement and to introduce new subject matter to our population. Special thanks to all correctional staff, programs staff, institutional kitchen staff and security investigations in their involvement and facilitation of an impactful and successful program.

## SHERIFF FRANK G. COUSINS, JR. AND LT. STEPHEN DRISCOLL RECOGNIZED FOR SUPPORTING MILITARY



On December 30, the **Office of the Secretary of Defense** recognized **Sheriff Frank G. Cousins** as a **'Patriotic Employer'** for contributing to the national **Security and Protecting Liberty and Freedom** by supporting employee participation in **America's National Guard and Reserve Force**. **Officer David Mangold** sent a letter to **Area Chair of Employer Support George Charos** (pictured left) expressing and affirming Sheriff Cousins' commitment and dedication to the **ECSD** employees who participate and/or deployed. **Mangold** also nominated **Lt. Stephen Driscoll** his direct supervisor for his continued support. Mr. Charos who presented the awards stated, *"...the culture you have created should be commended."* Sheriff Cousins stated that *"...it is our responsibility to pledge our loyalty and allegiance to those, in the armed services, who give their time and efforts to protect our freedom."* In a written statement of support, **Sheriff Cousins** fully recognizes and pledges to, honor and appreciate the values, leadership and unique skills Service members bring to the workforce. The Sheriff has also vowed to continually recognize and support our country's Service members and their families in peace, in crisis and in war. **Officer David Mangold** is a Sergeant in the Army reserve and is assigned to the **338<sup>th</sup> Engineer Company** out of Sommersworth, NH. His unit is scheduled to be deployed in January 2015.



### IN MEMORIAM

**Kenneth D. Gagnon**, 67, of Beverly, passed away on October 5, 2014. Ken retired from **ECSD** in 2002 as an Assistant Deputy Superintendent and had worked for four Sheriffs. Prior to his employment at **ECSD**, Ken was a veteran of the US Navy and served in Vietnam and also worked for the Salem Police Department. After his retirement, he continued to work part time for **ECSD**. Ken loved motorcycles and was a member of the Blue Knights, a law enforcement motorcycle club. He was also a Membership Officer of the D.A.V. Chapter 100 of Peabody. Ken will be missed by all.



## HIGH FIVE

“CONGRATULATIONS TO ALL”

### RECC DISPATCHER – BRENDA STANLEY



**Brenda Stanley** is a person you can count on and has repeatedly gone the extra mile to improve the **RECC** work environment. **Brenda** works the nightshift in the **Wireless ESN 601** room. When time allows and a tour is scheduled, **Brenda** is hard at work cleaning and tidying up the area and is sure to

have everything in order. **Brenda** also adds that “**extra sparkle**” that keeps everyone engaged during the night time hours. **Brenda** does all this without being asked. Her efforts are appreciated and “seen” during the night, and they are certainly appreciated during the day.

### RECC DISPATCHER – PAULA GAGNON

On September 10, just before 11:00 pm, dispatcher **Paula Gagnon** answered a 911 call. Wireless telephone calls do not map with a precise location. The call was mapped to a location near Route 1 in Danvers. Most of the time, the caller can communicate and tell the dispatcher precisely where he/she is. The caller, not familiar to the area, told dispatcher **Gagnon** he was afraid and not sure where he was. During the call, dispatcher **Gagnon** was able to recognize that this call was related to calls received earlier reporting shots fired

and/or person(s) shot in Danvers. The caller on the line may have been involved in the shooting. While keeping the caller on the line, **Gagnon** used her training skills to get the him to give her a clothing description and other information and was able to signal her co-worker to notify the Danvers Police Department. Eventually, the call was transferred to Danvers Police. **Gagnon** was professional, remained calm and had total control of the situation. Great job!



### CORRECTIONAL OFFICERS – DISPATCHERS –VOLUNTEERS “TAKING CARE OF MAN’S BEST FRIEND”



Compassion for an abandoned dog has many at the **ECSD** going “**above and beyond.**” In October, each day, at approximately 2 pm, the dispatchers at the **RECC** began receiving 911 calls regarding a loose dog causing a traffic hazard on Routes 62 and 114 in Middleton. **Middleton Police** and the **animal control officer (ACO)** were notified and dispatched. Also sighted in North Reading, the “**big black dog**” (left) was thin, frantic, afraid of people and

very elusive. The **ACO** and her volunteers set up a humane trap with food near the **RECC** building in the hopes the dog was hungry. During their breaks, dispatchers would often check the trap. No one wanted the dog to be trapped for hours at a time. The trap was moved regularly wherever the dog was sighted. After six days, the dog was caught. He is now being cared for and will be going to foster care and adoption. It is inspiring to see a compassionate group of co-workers and city/town officials work together on behalf of this dog in need. Great job on the part of everyone! Congratulations on a great collaborative effort.

### A.S. FROST RECEIVES NEW HAMPSHIRE CONGRESSIONAL LAW ENFORCEMENT AWARD

On October 3, the Concord, New Hampshire Police Academy recognized Essex County, Massachusetts’ Sheriff’s Department’s **Assistant Superintendent Michael Frost** with the **New Hampshire Congressional Law Enforcement Award for Dedication and Professionalism**. The award ceremony was held in Concord, NH. United States Senators, the **Honorable Jeanne Shaheen** and **Honorable Kelly Ayotte** were keynote speakers and presenters. Congresswomen, the **Honorable Carol Shea-Porter** and **Honorable Ann McLane Kuster** also spoke and presented.



**A.S. Frost** received the prestigious award for his work in critical incident stress and emotional wellness training in the field of law enforcement. **A.S. Frost** and **Chief of Franklin (NH) Police Department, David Goldstein** are recognized as pioneers in the field of psychological first aid for law enforcement officers.

**A.S. Frost** was a full-time police officer in Seabrook (NH) for over 21 years, and is now a part-time officer for the Portsmouth (NH) Police Department. He joined the Essex County Sheriff’s Department in 2004 as a drill instructor at the department’s Basic Training Academy. In 2008, Frost was promoted to Assistant Superintendent of the Middleton facility. Proud staff of the Essex County Sheriff’s Department attended the ceremony in honor of **A.S. Frost**. Our sincerest congratulations to **A.S. Michael Frost**.







## SUMMER FUN – 2014

### “YOUTH LEADERSHIP ACADEMY”



The **Youth Leadership Academy (YA)** was held June 30 through August 22, 2014. Over **850 applications** were received from all 34 cities and towns in Essex County.

The **Youth Leadership Academy** is free for all participants and provides a structured youth diversion program for at risk adolescents 8 to 15 years of age by providing the necessary skills and tools to enable them to contribute to their communities by example as proactive and positive citizens.



New programs this year included the **MSPCA in Methuen** and the **US Coast Guard** in Newburyport. Both were very well received by the Staff and the participants. **It is important to note that:** The YA is grateful to **Capt. Shane Ehlers and his K-9 Staff** who agreed to

“trade off” with the **MSPCA**. **Capt. Ehlers and his staff**, for all eight weeks, provided a program each Monday at the **MSPCA** in Methuen. This partnership continues this fall with the **K-9 Staff** providing programs at the **MSPCA**.

Each week of the academy the participants saw whales while on their fishing trips. **Captain George**, from **Captain's Fishing Parties, Plum Island**, states this does not always happen. This definitely made the trips more fun, educational and exciting.



This year, with the application process, the parents/guardians filled out a survey based on previous Academy attendance. Also, each participant was given a pre-test (Monday) and post-test (Friday) based on drug/alcohol awareness, bullying and internet safety. Statistics were collected to evaluate any positive/negative responses regarding the effect of these programs on the participants.



**funding, support and his conviction** in the beliefs of the mission of the YA to provide an educational and positive experience in a safe environment for the young people of Essex County. The staff also presented the members of ‘**HIDTA**’ (above & below) with a plaque in recognition of **their support and funding**.

The staff of the YA presented **Sheriff Frank G. Cousins, Jr.** (left) with a plaque for ‘**Outstanding and Superior Performance with the ECSD YA**’ and also expressed thanks for his

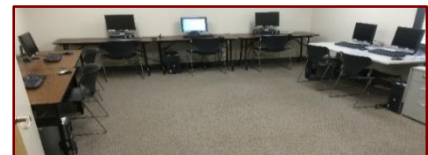


The **ECSD'S YA** is an excellent collaborative effort by **Sheriff Cousins, HIDTA** and **ECSD employees**. All were diligent, focused and positive in their support and implementation of YA 2014.



### *Opening the World of Computers*

**Salisbury's Office of Community Corrections** recently added a computer lab that offers program participants opportunities in developing basic computer skills as well as enhancing their current computer skills. The lab also gives the participants a chance to research employment prospects as well as the ability to apply for jobs online. In addition, it assists the participants with their preparation for newly implemented **HiSet/GED** testing requirements. This resource is a direct result of the newly installed wireless capability facilitated by the **Office of the Commissioner of Probation**. The installation of the new computers and software was facilitated by the **Essex County Sheriff's Department**. This enhancement of the **Salisbury Office of Community Corrections** could not have been made possible without the collaboration efforts of all **staff members** as well as the **respective agencies** at the **Salisbury Office of Community Corrections**.



## **POSITIVE STRIDES WITH COMMUNITY SERVICE**

*The Essex County Sheriff's Department works with local, state and federal law enforcement agencies and community outreach service providers. The goal of these services is to enhance the safety and security of the residents of Essex County.*

*As part of the reintegration process, many inmates perform community service or participate in the work release program. Community service allows inmates to work on public projects while interacting with the public. This part of community service is done through the Essex County Pre-release and Reentry Center (ECPRC) and Offices of Community Corrections located in Salisbury, Lynn and Lawrence. Community Service is meant to be part of the rehabilitation process and to aid in motivation, to provide responsibility so as to impart a sense of commitment and accomplishment, and to educate them on the value of their contribution in local communities.*



### ***'AUTUMN FUN'***

In September, students at the **Robert Frost Elementary School** in Lawrence enjoyed decorating pumpkins. The pumpkins were grown at the Essex County Pre-release and Re-entry Center '**ECPRC**' ('the Farm'). Many thanks to Sheriff Frank G. Cousins, Jr., Superintendent Joseph Furnari, ECPRC staff and inmates for growing and supplying 3,705 pumpkins this year to the **Salvation Army(s)**, various schools, **YMCA(s)**, **Boy's and Girl's Clubs**, **Kid's Centers** and **Kid's Clubs** throughout Essex County.

### ***FALL CLEANUP***

Late September, inmates of the Essex County Pre-release and Reentry Center '**ECPRC**' in Lawrence helped with cleanup and landscaping at the **West Lynn Burial Ground** (right). As part of the '**Step-down Process**,' qualified inmates transfer from the Middleton facility to the ECPRC, where many participate in supervised community service.



### ***ECSD CREW HELPS REMOVE GANG "TAGGING"***



The **anti-graffiti truck**, a community service program, allows offenders, supervised by a correctional officer, to visit a community looking to remove graffiti throughout Essex County. Requests to remove graffiti are made by business owners and city/town officials. **ECSD Sergeant Christopher Goudreault** (left) is responsible for **ECSD's Graffiti Truck**. Recently, the truck and crew helped remove gang graffiti, or "**tagging**" at several locations in **Haverhill, Salem, Peabody and Lynn**.

### ***WOMEN AT "WIT" WORK WONDERS***

As part of their reintegration program, the women at **Women In Transition 'WIT'** and the **Maris Center**, located in **Salisbury**, performed community service, throughout the spring, summer and fall, at the **Atkinson Common** (right) in Newburyport, where the women trimmed bushes, raked, cleaned and freshened the park for local residents and visitors. Multiple times a month, the women also groomed and spruced up **Maudslay State Park** and the worked the landscaping around the **Newburyport Historical Society**. Comments received from the **Newburyport Historical Society Garden** committee: "*The women at WIT and Maris are curious about our plants and the care necessary to maintain them. No matter what is asked, the women are willing to provide much effort in potting new plants, moving their locations, weeding and trimming. The group helped in moving hundreds of potted plants which allowed us to be ready for our garden tour and sale. Their work has made a positive impact in the appearance of our gardens. This endeavor has also allowed the women to express their ideas and demonstrate their talents and knowledge while learning new ideas and skills from the experienced staff.*" The **Salisbury Housing Authority** is another location where the women clean, landscape and will soon be doing snow removal.



## **ALL 12 PASS SERVSAFEFOOD SAFETY CERTIFICATION PROGRAM**



The **ServSafe Program** is designed to teach qualified offenders, with a minimum of a high school diploma or GED equivalency, transferable skills in food service. The 14 week program at the **ECPRC** (Essex County Re-Entry and Pre-Release Center) began September 9 and was facilitated by **Deputy Kathy Lawrence**. A class of 12 inmates participated in this program which focused on the comprehension and demonstration of key food service skills and practices to include personal hygiene, food borne illness, proper procedures in purchasing, preparation and serving of food, cleaning and sanitizing, facility design and equipment choices. Quizzes were given at the completion of each section to assess knowledge. The **National Restaurant Association ServSafe Exam** was administered upon completion of the course. A 75% passing score is required. **All 12 inmates passed** receiving the **ServSafe Food Protection Manager Certificate** which is accredited by the **American National Standards Institute**. Those eligible for **Work Release** are given priority for jobs in local restaurants. This valuable program, which assists **ECSD** in its re-entry efforts, has allowed former inmates to receive jobs in various communities. Congratulations to all. **Deputy Kathy Lawrence** is a Massachusetts registered, licensed dietician.





## 2014 TOPSFIELD FAIR



### ECSD K-9 DIVISION FEATURED DEMONSTRATION

The Essex County Sheriff's Department's K-9 division is responsible for providing security at the department's incarceration facilities, they are often called by police departments to aid in the arrest of fugitives, locate missing people, and detect hidden drugs. The division is also active in educating the public through demonstrations at schools, parades and fairs throughout Essex County. In October, the K-9 division took part in America's oldest agricultural fair, the Topsfield Fair. Their crowd-pleasing and educational demonstration was successful in that they were able to connect with and educate the large crowd of spectators on the duties of the correctional officer and his/her K-9 partner.



FUN



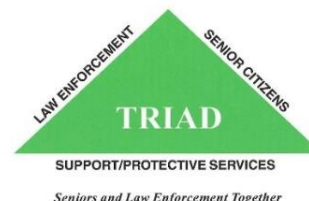
EDUCATION

DEMONSTRATIONS



### "STARLIGHT PLAYERS"

**TRIAD** is a collaborative effort between Sheriff Frank G. Cousins Jr., District Attorney Jonathan Blodgett, the Police and Fire Chiefs, Council on Aging, and supportive services from each community in Essex County. **TRIAD** empowers senior citizens to assist members of their community by creating and organizing various programs throughout the community.



On October 31, the Andover **TRIAD** Program, established in 2006, took part in "A Mock Trial" featuring the Starlight Players. The event was hosted by the Massachusetts School of Law. Members of the Triad learned about the court system by taking part in this dramatization of a person accused of scamming a senior citizen and brought to trial. All members of the Andover Triad played the parts of the victim, police officer, defendant, prosecutor, defense attorney, victim witness advocate, court

clerk and the jury of six. Both attorneys presented their case and called witnesses. The Judge, played by ECSD's A.S. Jason Ebacher, instructed the jury regarding deliberations with the jury returning a no verdict. It was a "hung jury." As a learning lesson, "Judge Ebacher", questioned each juror with regards to his/her vote. The reasoning and results proved very interesting to all attending. The program was open for discussion with many asking questions and one person speaking from the experience of being scammed. This was an eye opener for some and a great learning experience for all. Congratulations Andover Triad on job well done!



### "KNOW WHERE YOU ARE"

The Wireless ESN 601 room at the RECC receives hundreds of 911 cellular telephone calls each day covering a geographic area comprised of 69 cities/towns in Essex, Middlesex and Suffolk counties. Callers report anything from ducks walking in the roadway to a person being run over by a car on the highway. Each time a dispatcher answers a 911 call, he/she must decipher if there is an emergency, the location of the emergency, and keep the caller on the line while transferring the call to the appropriate public safety

answer point (911 center). A call might show within several thousand meters of a location. One mile equals 1,609.34 meters. When the mapping might indicate a "within 25 meter of a location," it isn't accurate enough to know where the caller might be. As employees of ECSD, it is important to be proactive and diligent in educating the public that... if ever you find yourself in an emergency situation, it is important, if at all possible, to "KNOW WHERE YOU ARE."





## EMPLOYEE PHYSICAL FITNESS EXAM RECORDS



CONGRATULATIONS TO ALL WHO SET  
NEW RECORDS



### PUSH UPS

	AGE	STANDARD	SCORE
Darya Maslova (2013)	20-29	21	50
Joseph Delgrosso (2012)	20-29	27	103
Laura Dow (2013)	30-39	15	64
Paul Leary (2012)	30-39	21	90
Christine Arsenault (2013)	40-44	13	57
Junior Encarnacion (2012 & 2014)	40-44	15	110
Kim O'Hara (2011)	45 and up	12	80
Steven Boucher (2012 & 2014)	45 and up	14	105



### SIT UPS

	AGE	STANDARD	SCORE
Felicia Moore (2013)	20-29	27	50
Lauren Dow (2011)		27	50
James MacGregor (2013)	20-29	36	70
Danielle Bower (2014)	30-39	22	60
Evan Sucharski (2012)	30-39	31	60
Christine Rodriguez (2012)	40-44	26	53
Junior Encarnacion (2014)	40-44	26	64
Kim O'Hara (2011)	45 and up	20	46
Steven Boucher (2012)	45 and up	20	65



### FLEX

	AGE	STANDARD	SCORE
Tonika Feliciano (2013)	20-29	19	25
John Mahoney (2010)	20-29	16.5	25
Laura Dow (2014)	30-39	18	26.5
Erich Nevins (2011)	30-39	15.3	23
Jose Hernandez (2014)		15.3	23
John Mahoney (2014)		15.3	23
Michelle Kravette (2010)	40-44	17.9	24
Dave Fortune (2010)	40-44	14.5	23
Audrey Brinson (2011)	45 and up	17	22
Stephen Boucher (2014)	45 and up	14	22.5
Dave Meader (2011)		14	22.5



### 1.5 MILE

	AGE	STANDARD	SCORE
Jamie Johnson (2012)	20-29	15:26	10:56
Jerome Jellison (2011)	20-29	12:51	9:07
Laura Dow (2014)	30-39	16:27	10:59
Jerome Jellison (2014)	30-39	13:53	9:01
Christine Arsenault (2012)	40-44	17:24	12:19
Steve Pomerleau (2014)	40-44	14:55	10:25
Kim O'Hara (2011)	45 and up	17:29	13:32
Moe Pratt (2014)	45 and up	15:08	9:13

## ESSEX COUNTY SHERIFF'S DEPARTMENT NEWSLETTER

January 2015

Please visit our website: [www.mass.gov/essexsheriff](http://www.mass.gov/essexsheriff)

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